



Volunteering-Why?

Why Volunteer?

Every year at registration we are asked to sign over a cheque for \$300.00, \$400.00 for a family, post dated to April 1 of the following year. We sign up to work at various events and meets throughout the season, or we give our names for someone to call us with volunteer opportunities. Some people choose the option of telling the club to cash their cheque. I'm hoping no one does that this year.

Consider the type of speed skating club we would have without volunteers. We would be unable to organize any meets and our fees would be much higher to cover our administrative costs. Volunteering at a competition is an opportunity to meet other skaters, parents of skaters, and even people who no longer have a skater in the family. If you're new to the sport it is a fantastic way to learn more about how everything works such as why one skater can win a race but not get a medal, or what is meant by "DQ" and "PB". You can see where our Olympic athletes get started and get to know people from all over the province.

We need volunteers to run our meets and we need our members, returning and new, to make this a great club. This year we are organizing 3 competitions so



there are more opportunities than ever to work your volunteer hours, practice your officiating skills and possibly advance your officials training. Some jobs offer the flexibility of working half days



at a meet, which may be more appealing if you have other commitments. Help out at mini-meets to find out what you might like to do at regular meets; place judging, timing, clerk of the course, track stewards.

If you really can't commit to working at a meet, there are other volunteer opportunities, but it's important that you take advantage of these when they arise. This could include organizing refreshments for a clinic, working on a committee with one of our board members, or working at events to promote speed skating. We'll try to find you a job that suits your interests and expertise. If you bypassed our volunteer table at registration, or if you registered late, please contact the CSSA office with your name and a contact number and email so you can sign up for your volunteer hours. It is your responsibility to complete and record your time.





Volunteer Policy

Members of the Calgary Speed Skating Association are asked to volunteer 15 to 20 hours per skating member per season.

The required hours are a minimum of 15 per skating member and 30 per family.

The volunteer hours must be completed by an associate member or a skating member, with the exception of Casino hours.

Members are responsible for completion and recording of their own volunteer time. They are responsible for having their time verified by a meet co-ordinator or CSSA board member, and submitting these records to the Volunteer Vice Chair. Volunteer hours can be recorded in the back of the CSSA Calendar/Handbook. We ask that members submit these records as soon as possible after completion to assist the Volunteer Vice Chair and the CSSA administrator in completing the season-end paperwork.

Members are required to submit a cheque post-dated to April. If the minimum number of volunteer hours has not been completed by the end of the season, the Association (CSSA) will cash that cheque.

The amount of the cheque will be three hundred dollars (\$300.00) for an individual skating member, or four hundred dollars (\$400.00) for a family.

At registration, members may indicate if they want to “pay out” their volunteer hours; in other words, have their cheque cashed rather than volunteer their time.

Skaters in their first year with CSSA are not required to submit a deposit cheque, but are asked to volunteer 5 hours at CSSA activities as a way to become familiar with the club and its members, and to make a contribution to their sport.

Various opportunities to volunteer will be offered at registration. Other opportunities will be communicated to members in the newsletter and by email as these occasions arise.

Volunteers are needed in large numbers at scheduled competitions such as Alberta Open Indoor Long Track, and RU Fast, our annual short track meet. Therefore, members are asked to volunteer at least one day at a scheduled CSSA meet if possible as otherwise these meets cannot occur. Please ensure you are recruited by the CSSA administration or Volunteer Vice-Chair, as volunteering at Oval sponsored meets will not necessarily count towards your CSSA volunteer hours.

Volunteers are asked to attend a Level One Officials Clinic prior to working at a sanctioned meet. Credit will be given for the time spent at the Clinic.

[Table of Contents](#)



Volunteer Policy

Other volunteer opportunities include, but are not limited to:

SANCTIONED COMPETITIONS:

- Officials training will be offered prior to the scheduled meets
- Club mini-meets: This is an excellent opportunity to train for working at a larger meet.

REGISTRATION

- Coaching: Parents and skaters interested in coaching will be paired with a trained coach.
- Casinos
- Social events, information kiosks for the public, assisting on committees
- Skater recruitment events
- Equipment maintenance

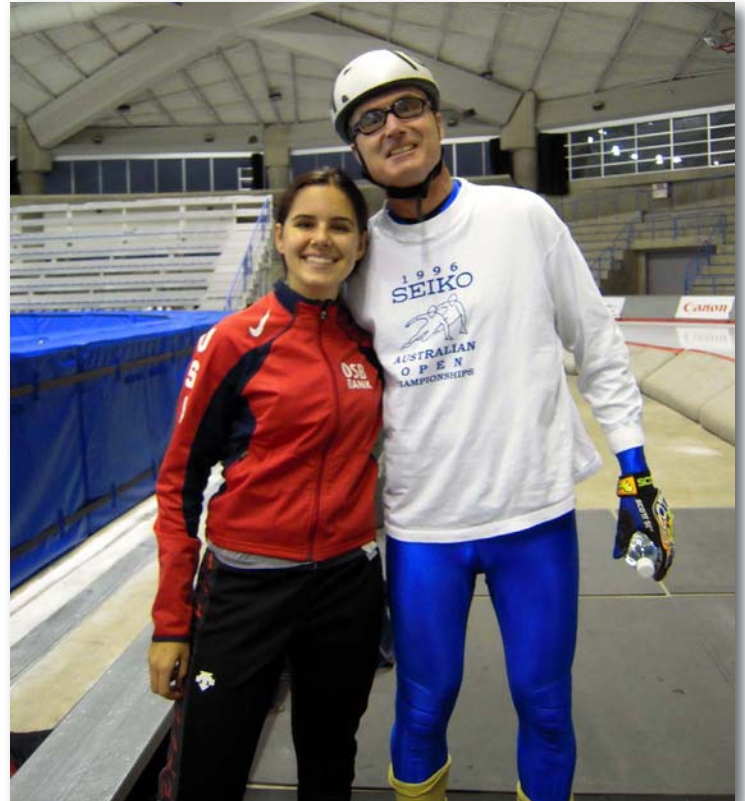
Some frequently asked questions include:

Q: What happens if I can only accomplish 10 of my 15 required hours?

A: The cheque will be cashed. No pro-ration is possible as it dramatically increased the administrative efforts of the volunteer Board.

Q: What happens if I get to the end of the season and there are no longer adequate hours available for volunteering?

A: The cheque will be cashed - - With timely enquiry of the CSSA Board, there will always be sufficient volunteer work available for volunteers.



Coach Alex Ianculescu & AASSA President Blair Carbert.

Q: Are volunteer hours at non CSSA meets eligible for the 15 hour minimum, such as volunteering at OVAL meets?

A: Only CSSA sponsored events are eligible for CSSA volunteer hours

[Table of Contents](#)