

Gettin' Up To Speed

Calgary Speed Skating
Association

August 2007

Volume 2, Issue 9

Volunteers Needed For Registration

The Calgary Speed Skating Association is in need of volunteers to help run our two registration dates. The dates and times of registration are listed in the paragraph below. If you are able to volunteer for one or all of these dates, please let Nicole know. We are looking for approximately 12 volunteers per day.

This is a fantastic way to fulfill your volunteer commitment and meet Club members while you are volunteering.

If you have any questions about volunteering or to sign up to volunteer for our four registration dates please contact Nicole calspeed@ucalgary.ca or 220-4417.

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Registration Info for Fall Programs

Fall Registration:

For all members and all new members.

Wednesday, September 5, 2007 from **7-9pm** upstairs at the Olympic Oval.

Saturday, September 8, 2007 from **10am-2pm** upstairs at the Olympic Oval.

If you have any questions about registration, please contact Nicole calspeed@ucalgary.ca or 220-4417.

Skate Swap/Sale During Registration:

There will be tables available for members to sell/swap their speed skate gear during both days of registration. If you are interested in selling/swapping gear, bring your equipment



Special points of interest:

Check out our web site at: www.calgaryspeedskating.com

Contact us at:

Nicole
calspeed@ucalgary.ca

Josh
joaj@telus.net

Ryan
Tufast4you@hotmail.com

AASSA Pre-Development Team Camp



The Banff/Canmore SSC and AASSA PRESENT

2007 CANMORE SUMMER DEVELOPMENT CAMP

When: August 18 – August 21, 2007

Where: Canmore Recreation Centre, Canmore, AB.

What: A camp that is targeted to younger skaters with the aim of helping them to take the next step in their skating development. Skaters will be put into two groups based on ability. Each group will have two, 1 hour 15 minute on ice sessions per day. There will be daily off ice and classroom sessions. Evening activities are being planned that take advantage of the recreational opportunities in the local area.

Who: The camp is aimed at skaters from Bantam – Juvenile, who have current 500m times between 52 seconds and 70 seconds.

Cost: \$60-75/skater (cost will be subsidized that is why I've listed \$60-75).

Accommodations: The Alpine Club of Canada has a hostel type of accommodation, complete with full service kitchen.

Rates are \$25/adult and \$16/child. The camp is taking place at high season for tourists in Canmore, so book early. There are also numerous hotels, motels and bed and breakfasts available in Canmore, but high season rates will be in effect. <http://www.alpineclubofcanada.ca/facility/clubhous.html>.

AASSA's Coaching and Skater Development Committee has organized this event.

Contact: **August 15** deadline for registering, first 20 skaters will be registered for the camp.

Nicole Deering, Email: deering@ucalgary.ca

Phone: 403-210-8914

Address: AASSA

c/o Olympic Oval

2500 University Dr NW

Calgary, AB., T2N 1N4

Coaches Wanted!

Have the itch to coach this year? Join the Calgary Speed Skating coaches force. There are flexible shifts, good pay, and a fun atmosphere! We are looking for coaches for beginner levels up through to more advanced. Parents, this is a great opportunity for you to get on the ice and coach a young group of kids. You would be paired with a more experienced coach for the technical aspects of the sport and you can mentor our coaches with your life experience.

If you want to learn more about this exciting opportunity, contact Ryan Hickman and

Joshua Ajohn via email,

Tufast4you@hotmail.com joai@telus.net

Coaches Clinics in Calgary

A **FUNDamentals** (formally Level 1) course will be held in Calgary. Please note that Part B will be held in conjunction with the AASSA Development Team Camp #2, November 3-4.

Details about the cost, start/finish times will be out shortly.

Course: FUNDamentals Part A
Location: Olympic Oval
Date: September 8-9, 2007

Course: FUNDamentals Part B
Location: Olympic Oval
Date: November 2-3, 2007



An **Introduction to Competition** (formally Level 2) will be held in Calgary.

Details about the cost, start/finish times will be sent out shortly.

Course: Introduction to Competition Part A
Location: Olympic Oval
Date: October 6-7, 2007

Course: Introduction to Competition Part B
Location: Olympic Oval
Date: November 10-11, 2007

