

Gettin' Up To Speed

Calgary Speed Skating
Association

August 2006

Volume 1, Issue 7

Volunteers Needed!

The Calgary Speed Skating Association is in need of volunteers to help run our four registration dates. The dates and times of registration are listed below. If you are able to volunteer for one or all of these dates, please let Nicole know. We are looking for approximately 12 volunteers per day.

This is a fantastic way to fulfill your volunteer commitment and meet Club members while you are volunteering.

If you have any questions about volunteering or to sign up to volunteer for our four registration dates please contact Nicole calspeed@ucalgary.ca or 220-4417.

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Registration Info For Fall Programs

Fall Registration:

[Members only registration](#)

Tuesday, August 29, 2006
from **7-9 pm** upstairs at the Olympic Oval.

Wednesday, August 30, 2006
from **7-9pm** upstairs at the Olympic Oval.

[Open registration](#) (for members who missed the August dates and all new members)

Wednesday, September 6, 2006 from **7-9pm** upstairs at the Olympic Oval.

Saturday, September 9, 2006
from **10am-1pm** upstairs at the Olympic Oval.

If you have any questions about registration, please contact Nicole calspeed@ucalgary.ca or 220-4417.

Special points of interest:

Check out our web site at:
www.calgaryspeedskating.com

Contact us at:
Nicole
calspeed@ucalgary.ca

Tawnya
tmyard@ucalgary.ca

Registration Info For Fall Programs Cont'd

Kids and Youth Program Times

Learn to Skate (LTS) Learn to Speed Skate (LTSS)	Intro to Skating	Love to Skate/Comp 1	Competitive 2
Short Track Times			
LTS Sat 4:30-5:30pm LTSS Sat 5:30-6:30pm	Tues 6:30-7:30pm Thurs 6:30-7:30pm **Fri 7:15-8:15pm Make up class	Mon 7-8 pm Wed 7-8 pm **Fri 7:15-8:15pm Make up class	Mon 8-9:30pm Wed 7:30-9pm Sat 6:45-8:15pm
Long Track Times			
	Tues/Thurs 6:30-7:00pm * ice will be 1/2 LT and 1/2 ST so total session will still be 6:30-7:30pm	Tues 6:30-8pm Thurs 6:30-8pm	Tues 6:30-8pm Wed 6:30-8pm Thurs 6:30-8pm Sun 12:00-1:40pm
Recommended Season Breakdown			
	Sept-Nov ST Nov-Feb LT/ST Feb-Mar ST	Sept-Dec 1-2 days ST, 1 day LT Jan-Feb 1-2 days LT, 1 day ST March 1-2 days ST, 1 day LT	Sept-Dec Mon/Wed/Sat ST, Tues LT Jan-Feb Tues/Thurs LT, Wed/Sat ST March Mon/Wed/Sat ST, Tues LT
Program Options			
	Option 1: Tues 6:30-7:30pm Option 2: Thurs 6:30-7:30pm Option 3: Tues & Thurs 6:30-7:30pm	Option 1: Mon 7-8pm, Tues 6:30-8pm Option 2: Tues 6:30-8pm, Wed 7-8pm Option 3: Mon/Wed 7-8pm, Tues 6:30-8pm Option 4: Tues/Thurs 6:30-8pm, Wed 7-8pm	** Must have two times within 115% of Canadian record in order to skate in this group**

Registration Info For Fall Programs Cont'd

Adult Program Times

	Intro to Skating	Love to Skate/Comp 1	Competitive 2
Short Track			
	Tues 9-10pm Thurs 9-10pm	Mon 9-10pm Wed 9-10pm	Tues 7:30-9:00pm Thurs 7:30-9:00pm Fri 8:15-10pm Sun 5:15-6:45pm
Long Track			
	Mon 8:40-10:10pm Tues 8:30-10pm Wed, Thurs 6:30-8pm Sun 5:00-6:30pm	Mon 8:40-10:10pm Tues 8:30-10pm Wed, Thurs 6:30-8pm Sun 5:00-6:30pm	Mon 8:40-10:10pm Tues 8:30-10pm Wed, Thurs 6:30-8pm Sun 12:00-1:40pm
# Sessions per week			
	1-2	2-4	2-5

Program Options

We are excited to introduce more short track into our adult programming this season. This will be an opportunity for great corner improvement. It also adds variety to keep things interesting. When registering this year for adult programs you will sign up for ST and LT sessions as desired; i.e. Mon ST, Tues LT, Thurs LT

****Program times are subject to enrollment and may change. Any changes made to the above template will be advertised to all members 1 month prior to the change.****

Skate Shop Changes

The Calgary Speed Skating Association has amalgamated with the Olympic Oval Skate Shop. All skate rentals and meet registration drop off will be done through the skate shop. This allows us to better maintain our rental fleet and offer more technical services through the skate

shop, such as rockering and bending.

It also allows us to have skate personnel available during every club ice time as opposed to a few days per week. Skate sharpening equipment will still be available to all club members to use during club ice times at no cost.

We still require 1-2 volunteers a few times a week to work in the equipment room during club ice time to help members with different deadlines, such as meet registration drop off.

If you are interested in volunteering this season at the skate shop contact Nicole at 220-4417 calspeed@ucalgary.ca

Tawnya Becomes a Hons

On July 1st Tawnya married Michael Hons in Sylvan Lake. It was a beautiful day and they had a terrific honeymoon at Sandlake in Muskoka, Ontario.



Club Jackets Are Coming!

After months of deliberation, we have finally chosen a new club logo and are going ahead with Club jackets. The jackets will be black, wind resistant/water resistant with our club logo and name embroidered on the jackets. The approximate cost for these high quality jackets is \$75. More information can be found

at registration.

A special thank you to Julian Green for working so hard on our new club logo!



Ice Times Available in August

The following dates and times are available for club skaters this August:

Short Track Mondays, Wednesdays, Fridays from 6:30-7:45 pm.

Long Track Thursdays from 4:50-6:50 pm.

In order to ensure we have appropriate supervision for our skaters, please call or email Tawnya tmyard@ucalgary.ca or 220-4417 with the dates and times you would like to skate.



Master's Skin Suits

In an effort to create a unified Canadian Team of Master's for the 2007 World Master's Championships, CSSA is taking down the names of those interested in purchasing a Canada Masters skin suit.

Please email Tawnya tmyard@ucalgary.ca if you are interested. I don't know how many of you will be able to pull off the handlebar mustache to go with the skin suit!!

