

Gettin' Up To Speed

Calgary Speed Skating
Association

April 2007

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Skate Swap and Sale—April 14

Calgary Speed Skating will be hosting a skate swap/sale at the Olympic Oval on Saturday, April 14 from 10am—2pm in Kinesiology connecting rooms 87 and 88. These rooms are accessible by using the 'Activities Area' stair case or elevator. Do not obtain access through the Olympic Oval. These rooms are on the lower level, at the bottom of the 'Activities Area' stair case, just before walking through the double doors to the Olympic Oval. Signage will be posted the day of the event.

This is a great opportunity for members to swap and sell equipment with other members.

Tables will be set up, each member must man their own section of the table. CSSA is in no way a buyer or seller of members goods, we are just providing a gathering place for everyone to swap/sell their equipment that they no longer fit or use. To reiterate, each person must sell/swap their own equipment. CSSA will not sell your stuff. If you have questions about this event, contact Nicole at calspeed@ucalgary.ca.

AGM/Wrap-up Party/Awards

Join Calgary Club at the VRRRI Recreation Centre, located at 3304-33rd St NW across from the University (on the North side) on Sunday, April 22 from 2—5 pm. Here is a map of the VRRRI Recreation Centre:

<http://maps.google.ca/maps?f=q&hl=en&q=3304+-+33+street+nw+calgary,+ab&ie=UTF8&om=1>

Parents and Masters skaters, the CSSA Annual General Meeting (AGM) will take place in Seminar Room 1 beginning at 2pm and lasting until 4pm if needed; we encourage parents to attend and get involved in the club.

Activities will include games in the gymnasium, a slide show from the season, and awards presentation. Beverages and snacks will be provided. Please bring non-marking indoor shoes and clothes to play in.

All members are invited to come out and participate or just hang out and visit. Any members interested in bringing cookies/snacks can contact Nicole at calspeed@ucalgary.ca.

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Special points of interest:

Check out our web site at: www.calgaryspeedskating.com

Contact us at:
Nicole
calspeed@ucalgary.ca

Skate Return—Note the Change in Date

The last day of skate returns is Saturday, April 14 from 8:30am—4pm. Note the **Thursday, April 12** date has been **canceled** so members can bring their skates by the Olympic Oval front desk on Saturday. Please make sure you return your rented skates on this day to the Olympic Oval front desk, not the Oval Skate Shop if you haven't already as they need to be catalogued prior to the summer camps.

We have changed the date to coincide with the Skate/Swap Sale for membership convenience.

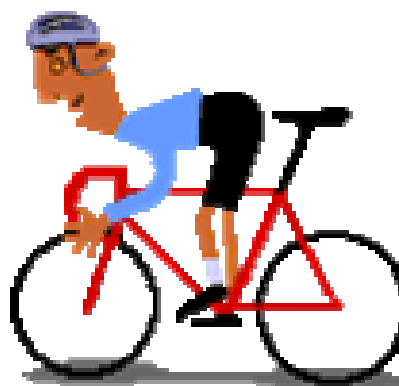


Spring Dryland

The CSSA will offer Spring Dryland programs starting in May and running until the end of June. These dryland programs are being planned and will be announced shortly. If you are keen to participate in spring dryland, please contact Ryan Hickman and Josh Ajohn. Once the programs are announced, times, days and costs will be also be announced.

Last year we had a really good turn out of speed skaters interested in cycling at the Velodrome. If you are interested in cycling again this spring, please contact Ryan and Josh.

Those interested should contact Ryan Hickman at Tufast4you@hotmail.com and Josh Ajohn at joaj@telus.net



Olympic Oval Summer Camps

The Olympic Oval is offering summer camps for all levels of speed skaters.

Absolute Speed Camp is held **July 16-20th** and is an introduction to speed skating for youth who have never participated in this sport.

Summer Speed Camp is held **July 9-14th** and is for anyone who is a member of a speed skating club, we recommend that all members attend this super fun day camp.

Masters Speed Skating Camp is being held **July 23-28th**, separately from Summer Speed this year for all our 30+ aged skaters.

Top Blade Short Track Camp is held **July 2-7th** and is for skaters age 13+ who have met the time standards in the 500m of 51 sec from males and 54 sec for females.

Top Blade Long Track Camp is held **Aug 5-12th** and is for skaters age 13+ who have met the time standards in the 500m long track of 44 sec for males and 48 sec for females.

Detailed information and registration forms are available at

<http://oval.sunergon.com/PublicServices/Camps/tabid/57/Default.aspx>

CSSA Casino

CSSA's next casino has been named, July 8-9, 2007. Please mark this in your calendar and if you know you can help out at our main money drive of the year, let Nicole know. We need all the help we can get from our membership on these two days as the money we get from the pooled Alberta Gaming and Lottery Fund allows us to operate year to year.

